



Lent and Easter at the Cathedral

Our programme of Tuesday evening lectures and Friday lunchtime talks continue in March.

We look forward to welcoming our Tuesday evening guest speakers, below, at 7 for 7.30 pm in our Edmund Room on the following dates:

6 March: Ben Quash
13 March: Rupert Shortt
20 March: The Revd Canon Mark Oakley

The Friday lunchtime Lent talks are a spiritual reflection on World War I.

Join us at 1 pm in the Edmund Chapel for these 30 minute talks which will continue every week through to Friday 23 March.

Holy Week

Do join us at the special services during Holy Week.

Our Lent and Easter leaflet has full details of these and we welcome Bishop Tim Stevens as our guest preacher.

Our Easter Vigil will be on Sunday 1 April at 6.00 am.

Science Weekend success

The Cathedral, as part of the first Suffolk Science Fair organised by Kinetic Adventure, delivered a range of science based activities in the February half term weekend.

Schoolchildren also visited on the Friday to watch a demonstration and take part in experiments.



Respect Exhibition

The Diocesan annual art exhibition for schools begins this month.

The RESPECT 2018 exhibition, 'Choices', encourages participants to focus on the choices, we make in life both positive and challenging.

These choices are depicted geometrically and organically by Suffolk schools.

The exhibition runs from **7 – 21 March** in the Cathedral.

Fairtrade Fortnight

This is held from 26 February to 11 March.

We stock a range of Fairtrade gifts in the Cathedral Shop and in our Pilgrims' Kitchen certain produce such as tea and coffee is Fairtrade.



Reduce Reuse Recycle

Our Pilgrims' Kitchen are proud to retail a range of different coloured KeepCups and offer 50p off a drink when using one.

Looking forward to..

The return of our Tower Tours on Saturday 7 April.

There will also be standard Guided Tours offered for one week in the Easter holidays from 2 to 7 April at 11.00 am and 2.00 pm.

Cathedral Diary

In addition to our regular programme, the following special events take place in March 2018.

Friday 2 March at 1.00 pm
Lent Lunchtime Address: The Right Revd Graeme Knowles

Saturday 3 March at 7.30 pm
Concert: Bury Bach Choir

Sunday 4 March at 2.00 pm
Parish Visit: St Edmund Benefice

Friday 9 March at 1.00 pm
Lent Lunchtime Address: Revd Dr (Group Captain) Andrew Wakeham-Dawson

Sunday 11 March at 10.00 am
Mothering Sunday Eucharist, talk by World Development Advisor Richard Stainer

Friday 16 March at 1.00 pm
Lent Lunchtime Address: Canon Philip Banks

Saturday 17 March at 5.00 pm
Organ Recital: Peter Wright

Sunday 18 March at 3.30 pm
Choral Evensong for HM Courts of Justice

Monday 19 March at 5.30 pm
Evensong sung by Gresham's School Chapel Choir

Tuesday 20 March at 6.15 pm
Concert: Colts and Probationers

Friday 23 March at 1.00 pm
Lent Lunchtime Address: The Revd Jutta Brueck

Palm Sunday, 25 March at 10.00 am
Sung Eucharist with procession through Great Churchyard

Palm Sunday, 25 March at 5.00 pm
Concert: Cathedral Choir

26-28 March at 7.00 pm
Sung Compline (Night Prayer) and Address

Wednesday 28 March at 4.30 pm
Sharing Concert: St Cecilia Juniors

Maundy Thursday 29 March at 11.30 am
Diocesan Chrism Service

Maundy Thursday 29 March at 7.00 pm
Solemn Eucharist and Stripping of Altar

Good Friday 30 March at 10.30 am
Walk of Witness

Good Friday 30 March at 12 noon—2.00 pm
Devotion

Good Friday 30 March at 2.00 pm
Good Friday Liturgy and Veneration of the Cross

Friday 30 March at 4.00 pm
Children's Service

Easter Day Services at 6am, 8am, 10am, 3.30pm - see our Easter leaflet.